



THE GEORGETOWN PROJECT
Leaders In Youth Development Since 1997

Bridges Buzz
Bridges to Growth Resource Center

October 2018

--an e-newsletter from Bridges to Growth, an early childhood program of The Georgetown Project, with support from The Georgetown Health Foundation



United Way of
Williamson County

We bring you this e-newsletter so you can be informed on what is new, what classes, events, and services we offer you from Bridges to Growth.



Bridges to Growth has a free Lending Library available to the public, making toys, books, puppets, puzzles, climbing blocks, available for check out for a three week loan period. **We have a limited number of small size Halloween costumes available for borrowing.** We also have parenting resource books, as well as children's books in English and Spanish. The collection includes materials for parents and caregivers and toys for toddlers through fifth grade children. Stop by and look at what we have. We are open Mondays - Wednesdays 10 am - 7 pm.

Free Children's Events

"Bilingual Storytime/La Hora del Cuento," October 3 and 17, led by Brenda Broussard, Bilingual Services Coordinator, the first and third Wednesdays of each month, from 10:00-11:00 am, free. Free event for parents, family, caregivers and children 2 - 4 years of age . Includes bilingual story time and activity. Please pre-register (512) 864-3008 or [online](#). Bridges to Growth, 805 W. University Avenue, Georgetown.



"First Friday Crafternoons," a free event for children ages 5 - 12, Friday, October 5, and November 2, from 4 - 5:30 pm and each first Friday of the month thereafter through December 7. Drop in for our monthly free craft time. Each month we merge creativity and growth as we do craft projects that are not only fun, but build important personal traits, like gratitude, kindness, and community. This month we will be making cards and posters to cheer residents of the Veteran's Hospital. Bridges to Growth, 805 W. University Avenue, Georgetown.

"Parents' Morning Out," Saturday, October 13, from 9:30am-11:30am, free. For children with special needs, 2-5 years old. While parents enjoy some much-needed time to themselves, volunteers will engage children in simple music, sensory, motor and language activities. Adult volunteer to child ratio of 1:1. All volunteers have multiple years of experience working with young children with special needs. Pre-registration is required. Contact Katherine Garcia at (512) 773-1366 to pre-register. At 805 W. University Avenue, Georgetown.

"Amiguitos," coincides with the adult ESL classes, and is for children of ESL students. Music, fun, games, and learning time for children ages 4 - 12 years old. Tuesdays, October 2, 9, 16, 23, 30, from 7 - 8:30 pm, free. For more information, contact Brenda at (512) 864-3008. At 805 W. University Avenue, Georgetown.

"Toddler Time," Wednesdays, October 10 and 24, from 10 - 11 am, free, offered twice a month on the second and fourth Wednesdays of each month. For children 9 months - 3 years old and their parent/caregiver. This event is an hour of unstructured play, sensory play, story time, songs, and a sharing time for parents. The parent remains with the child for interactive play. Our Halloween party is scheduled for October 24. Please pre-register (512) 864-3008 or [online](#). At 805 W. University Avenue, Georgetown.

"Introduction to Dance," Amanda Bishop, Georgetown Dance Project, Saturday, October 6, from 2 - 3 pm, for children 6 - 10 years old, free. Please pre-register, (512) 864-3008, or [online](#). 805 W. University Avenue, Georgetown.



Parenting Workshops

Classes to Empower Parents

"Whacking & Throwing: Why Toddlers Do It," taught by Carrie Casey, Certified Trainer # 11361, Monday, October 8, from 6:30 - 8:30 pm, free. Toddlers throw toys, hit things with other things. They just can't seem to stop themselves. I know why and will share the secret with you. Participants will receive tips on how to reduce the negative behaviors in toddlers and support motor skills. Please pre-register, (512) 864-3008 or [online](#). At 805 W. University Avenue, Georgetown.

"A Toolkit for the Anxious Child," Tuesday, October 9, from 6:30 - 8 pm, Free. This class will discuss anxiety in children and teach practical strategies for helping children overcome their fears and worries. Taught by Brenda Broussard, M.Ed., LPC. Please pre-register (512) 864-3008 or online at [online](#). 805 W. University Avenue, Georgetown.

"Strengthening Executive Function in Children," taught by Jim Ellis, MA, LPC-S, Mental Health Coordinator, Opportunities for Williamson & Burnet Counties, Wednesday, October 17, from 6:30 - 8:30 pm, free. Join us in a group discussion exploring how to strengthen executive function in children. We'll discuss:

What is executive function?

Why is it important?

What are the 8 key executive functions?

What do deficits in these 8 key executive functions look like?

What are ways we can help children develop executive functions in these 8 key areas?

What are some resources we can use?

Please pre-register (512) 864-3008 or [online](#). Bridges to Growth, 805 W. University Avenue, Georgetown.

"Nurturing Parenting," taught by Brenda Broussard, MEd, LPC, Tuesdays 6:30-8:00, October 23 (taught by Lexy Largent), November 6, and December 4 - free. The Nurturing Parenting Program is a trauma-informed, proven approach for helping families by promoting empathy, discipline with dignity, self-worth & empowerment. Topics for the fall include: Understanding Feelings, Praising Children and their Behavior; Communicating with Respect; and Learning Positive Ways to Deal with Stress and Anger. These classes are also offered in Spanish on other dates. Please pre-register, (512) 864-3008 or [online](#). 805 W. University Ave, Georgetown.

"Bullying," GISD counselors Sara Newman and Joellen Goldsberry are offering a free presentation to parents on the topic of bullying, Thursday, October 25, from 7 - 8:30 pm. The term "bully" is being used now more than ever before. Parents will receive information about what defines bullying, how to identify it and distinguish it from rudeness, how to build resilience in their children early on, ways to develop social skills which will equip them to build positive relationships, and how to encourage them to become an ally to others. Please pre-register (512) 864-3008 or [online](#). At 805 W. University Avenue, Georgetown.

"Crianza con Cariño," facilitado en español por Brenda Broussard, MEd, LPC, los martes 6:30-8:00, el 30 de octubre, el 27 de noviembre, y el 11 de diciembre - gratis. La Crianza con Cariño es probado para la orientación de familias promoviendo en ellas la empatía, la disciplina con dignidad, sentimientos de valía, y potenciación. Las lecciones incluyen: Cómo comprender los sentimientos, Como elogiar a los niños y su buen comportamiento, Cómo comunicarnos con respeto, y Cómo manejar el estrés. Usted debe tener una consulta telefónica con nuestra coordinadora de servicios bilingües, Brenda, para inscribirse en estas clases. (512) 864-3008 805 W. University Ave, Georgetown.

"Infant Care, Biting/Toilet Training," taught by Yolanda Delgado, Certified Instructor #1056, Saturday, November 3, from 10 am - 12 noon, free. Individual differences and the eighteen principles of infant care are explored followed by the importance of sanitation in the nursery. Useful forms for parent information and daily infant care checklists will be provided. Biting/Toilet Training: Biting incidents are common in early childhood environments. Reduction of these incidents involves knowing which developmental stages may be subject to these occurrences and anticipating their behaviors. Creating environments that discourage biting and applying logical consequences will take the bite out of your program. Toilet Training covers three conditions for successful training: physical and cognitive readiness and personal interest. Pre-registration is required by the Friday noon preceding the class. (512) 444-8334. At 805 W. University Avenue, Georgetown.

Childcare Provider Training



"Learning Math the Fun Way," taught by Yolanda Delgado, Certified Trainer #1056, Saturday, October 6, from 10 am - 12 noon, free. Participants will learn teaching strategies in number and operations, geometry and spatial sense, measurement, pattern/algebraic thinking and displaying/analyzing data for toddlers and pre-K. Please pre-register on or before the Friday preceding the class, by noon, (512) 444-8334. At 805 W. University Avenue, Georgetown.

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"Holiday Fun in the Preschool Classroom," taught by Allison Gaskins, Certified Trainer #2912, Tuesday, October 16, from 6:30 - 8:30 pm, free. Are you ready for some holiday fun in your preschool classroom? This workshop will provide the classroom teacher with hands-on activities and learning games to enhance learning while celebrating the seasons and holidays. These activities can easily be adapted for different ages and learning abilities. Let's have fun with the holidays and your little ones! Please pre-register (512) 864-3008 or [online](#). At 805 W. University Avenue, Georgetown.

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"Emergency Preparedness," taught by Yolanda Delgado, Certified Trainer # 1056, Saturday, October 20, from 10 am - 12 noon, free. Participants will learn the importance of having a team to prepare for an emergency plan of action in advance. The team will identify an alternative site, evacuation procedures, access to supplies and equipment, staffing patterns, safety and security, accountability and care for the children. Communication to staff and parents as well as with the public and the media will be explored. Identification of community resources will be discussed. Pre-registration is required, (512) 444-8334, by noon on the Friday preceding the class. At 805 W. University Avenue, Georgetown.

"Making the Most of a Rainy Day," taught by Cheryl Carey, Registered Trainer # 1947, Monday, October 29, from 6:30 - 8:30 pm, free. Oh, no! It's raining, it's pouring! Does the thought of spending the whole day inside with your children flood you with rising levels of fear, anxiety, and dread? Is the outlook for today really so different than any other day? Through a combination of interactive discussion and activities, we will learn to play while skies are gray and make our own sunny day. Please pre-register, (512) 864-3008 or [online](#). At 805 W. University Avenue, Georgetown.

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Our Workroom is open to the public on Mondays - Wednesdays, from 10 am - 7 pm. We have laminating, die cutting, and Cricut equipment available. Laminating is sixty cents per foot; die cuts are free if you bring your own paper. We do have various papers for sale as well. The Cricut equipment is available for \$5.00/session. Construction paper cannot be used with the Cricut machine. We have three Cricut cartridges currently available. Inquire in Room 123. Free instruction on operating the Cricut machine can be provided on Mondays, by appointment. Contact Joan Gingras, (512) 864-3008.



Wish List

Bridges to Growth is accepting financial assistance to purchase new Cricut cartridges and supplies. For more information, please call 512-864-3008.

Our Vision:

A community where no child is hungry, hurt, alone or rejected, and where all children and youth believe they are loved, respected and treated with dignity.